

Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds, hide me.

Separated from Thee, let me never be.

From the malignant enemy, defend me.

At the hour of death, call me.

To come to Thee, bid me,

That I may praise Thee in the company of

Thy Saints, for all eternity. Amen.