

PLAN OF LIFE: GOD’S PLAN FOR MY LIFE IN THE HOLY SPIRIT (4-21-20)

REGINA CAELI (QUEEN OF HEAVEN):

Queen of Heaven, rejoice, alleluia.
For He Whom thou didst merit to bear, alleluia.

Has risen, as He said, allelula.
Pray for us to God, alleluia.

Verse: Rejoice and be glad, O Virgin Mary, alleluia.

Response: For the Lord has truly risen, alleluia.

Let us pray: O God, Who through the Resurrection of Thy Son,
our Lord Jesus Christ,
didst vouchsafe to give joy to the world:
grant, we beseech Thee, that through His Mother,
the Virgin Mary,
we may obtain the joys of everlasting life.
Through the same Christ our Lord. Amen.

SACRED SEVEN:

- ___ 1. God has chosen us, but He will not force us to choose Him.
- ___ 2. According to Jesus, “No one is good but God alone”; therefore, angels and men were not made good, and cannot become good.
- ___ 3. There is a way that God knows, loves, and serves us.
- ___ 4. Jesus never calls our attention away from Himself to someone else.
- ___ 5. God always prefers that we turn to Him rather than turning to Mary or another saint.
- ___ 6. The Son of God lost His Divine power temporarily when He became the Son of Mary and walked on earth.
- ___ 7. Because God is all-knowing, He has intentionally willed that some angels and men end up eternally in Heaven, and other angels and men end up in eternally in Hell.

REVIEW: GOD’S PLAN FOR ANGEL’S AND MEN AT CREATION—THE GOOD LIFE IN TRUTH, FREEDOM, AND LOVE

- I. “And God saw that it was good” (Genesis)
 - A. Ultimately: Only God is good.
 - B. Creation reflects and manifests the goodness of the Creator:
 - 1. Irrational Creatures:
 - a. Inanimate—innately reflect God’s goodness
 - b. Animate—instinctually reflect God’s goodness

2. Rational Persons with immortal souls reflect God's goodness through:
 - a. The Use of Right Reason—Memory and Intellect (Truth)
 - b. Good Acts—Will (Love)
 - C. The Soul of the Body of Christ = The Holy Spirit and Our Souls:
 1. Gifts of the SPIRIT OF TRUTH—Memory and Intellect (Mind):
 - a. **Knowledge**: Experiencing and seeing the relationship of God to reality and creation
 - b. **Understanding**: Grasping the truth of the Gospel and doctrine
 - c. **Counsel**: Grasping what to choose and do based on what we know and understand of God and reality
 2. Gifts of the SPIRIT OF FREEDOM—The Will (Heart)
 - a. **Fear of the Lord**: Respectfully choosing what keeps us close to God and dreading decisions that separate us from Him
 - b. **Piety**—Childlike affection for God our Father
 - c. **Fortitude**—Strength to overcome fears and fulfill our duties to God and neighbor
 3. **Wisdom**: the Gift of the SPIRIT OF LOVE—Mind and Heart become One by Grace—seeing God's Truth and Love in all reality, creation, and history—culminating in THE CROSS and flowing from it:
 - a. In CHRIST—Sacrificial love in truth (Eucharist)
 - b. In MARY—Compassionate union with Sacrificial love in truth (Rosary)
 - c. In the CATHOLIC—Worship/Belief/Life/Prayer in Faith, Hope, and Charity—Full and Visible participation (State of Grace)—The Way of the Cross
 - D. Marks of Cooperation in Wisdom with the Holy Spirit:
 1. Eucharistic faith, reverence, and devotion
 2. True devotion to Mary
 3. Devotion and fidelity to the Catholic Church
- II. Promised Holy Spirit (The Giver of the Plan of God):
- A. “But when the Counselor comes, Whom I shall send to you from the Father, even the Spirit of Truth, Who proceeds from the Father, He will bear witness to Me; and you also are witnesses, because you have been with Me from the beginning” (John 15:26).
 - B. “I have yet many things to say to you, but you cannot bear them now. When the Spirit of Truth comes, He will guide you into all the truth; for He will not speak on His own authority, but whatever He hears He will speak, and He will declare to you the things that are to come. He will glorify Me, for He will take what is mine and declare it to you. All that the Father has is Mine; therefore I said that He will take what is Mine and declare it to you” (John 16:12-15).

- III. Those Who Radiate/Manifest the Holy Spirit:
 - A. Christ (Anointed in the Holy Spirit)
 - B. Mary (Full of Grace in Holiness and Overshadowed by Love)
 - C. Joseph (Equipped and guided by the Holy Spirit to care for those living in perfect cooperation with the Holy Spirit)
 - D. Angels—personal spirits united perfectly to the Third Divine Person, the Holy Spirit

MISSION

- I. Morning Prayer: “Our Father,” “Hail Mary,” “Glory Be,” “Renewal of Baptismal Promises,” “The Anima Christi” (Spiritual Communion), “Angel of God,” “Saint Michael Prayer”
- II. Mid-Day Prayer: “Veni Creator Spiritus,” “Regina Caeli”
- III. Mental Prayer During the Day (15-30 minutes):
 - A. The Rosary
 - B. Journal Meditation:
 - 1. 5-10 Minutes of Scriptural or spiritual reading
 - 2. 5-10 Minutes writing to either the Father, Son, or Holy Spirit
 - 3. 5-10 Minutes recording what you believe God is saying to you
- III. Nightly Examination of Conscience and Act of Contrition:
 - A. **Knowledge**—Do I remain aware of God’s presence and activity in each moment?
 - B. **Understanding**—Did I connect all my words and deeds with the Gospel and Church teachings and meditate upon them?
 - C. **Counsel**—Did I work to grasp what to choose and decide based on what I know and understand about God in holy communion with Him and His Church?
 - D. **Fear of the Lord**—Did I respectfully choose what keeps me united to God, and both dread and avoid decisions that would separate me from Him and His Church?
 - E. **Piety**—Did I show a childlike affection for God consistently?
 - F. **Fortitude**—By the strength given me by grace and the Holy Spirit, did I overcome my fears and fulfill my responsibilities to God and to neighbor?
 - G. **Wisdom**—Were my words and deeds, my mind and heart, united, and did I see with the eyes of my heart how God was present in the events of my day?