

PARISH FAMILY ABLAZE: EUCHARIST—PRAXIS (12-2-18)

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

THE ORDER OF THE MASS

- I. The Introductory Rites
 - A. Entrance Chant: Particular theme of the Mass
 - B. Greeting (Our focus—The Cross and One God: Father, Son, and Holy Spirit)
 - C. Penitential Act
 1. Confiteor: The sorrow of a pure heart
 2. Kyrie: The request of an honest and humble heart
 3. Gloria: The joyful thanks of the heart of a child of God
 - D. Collect: We offer our silent prayers, collected by the Priest into one prayer
- II. The Liturgy of the Word: The Word Proclaimed = Revelation of Holy Truth and Love
 - WHAT LIFE WAS LIKE WITHOUT GRACE (OLD TESTAMENT)
 - A. First Reading—Usually from the Old Testament: Shadows and Types
 - B. Responsorial Psalm: Composed by David and fulfilled in Christ and His Church
 1. The Past: Sung by David, later by Christ Jesus, the Son of David
 2. Now: Sung by members of the Body of Christ
 - WHAT LIFE IS LIKE WITH GRACE (NEW TESTAMENT)
 - C. Second Reading—New Testament writing other than the Gospel
 - D. Alleluia/Gospel Acclamation/Gospel Proclamation (Light/Incense/Standing!)
 - E. Homily—“Did not our hearts burn within us while He talked to us on the road, while He opened to us the Scriptures?” (Luke 24:32)
 - F. The Profession of Faith—Response to the Word of God by honoring and confessing the great Mysteries of the Faith
 - G. Universal Prayer—Response as a priestly people to God’s Word by praying to God for the salvation of all
- III. Liturgy of the Eucharist: The Word “Made Flesh” = Communion in Holiness and Love
 - A. Preparation of the Altar and the Presentation of the Offerings—Laity place as spiritual offerings on the paten and in the chalice
 1. Their own lives and all their works
 2. Their prayers and apostolic undertakings
 3. Their family life and daily work

4. Their hardships borne with patience and consolations of spirit and body
5. The whole world (CCCC #189)
- B. Prayer over the Offerings and Eucharistic Prayer
 1. Thanksgiving—Our duty always and everywhere
 2. Acclamation—*Sanctus*
 3. Epiclesis—Come, Holy Spirit!
 4. Institution Narrative and Consecration—“Do this in memory of Me.”
 5. Anamnesis—Remembering Christ and His Passion, Death, Resurrection, and Ascension
 6. Oblation—Offering of the perfect Sacrificial Victim to the Father with the intention of uniting our imperfect sacrifice to it
- C. The Communion Rite
 1. The Lord’s Prayer—“Give us this day our Daily Bread”
 2. The Sign of Peace—we must be in holy communion to receive Holy Communion
 3. Breaking of the Bread—*Agnus Dei*
 4. Communion followed by silence
 5. Prayer after Communion—Summation and encouragement
- IV. Concluding Rites
 - A. Blessing—“Dessert”!
 - B. Dismissal—Commissioned as apostles
 1. “Go and announce the Gospel of the Lord.”
 2. “Go in peace, glorifying the Lord in your life.”

QUESTIONS (T/F)

- ___ 1. The celebration of the Breaking of the Bread came before the writing of the New Testament.
- ___ 2. Very little of what we find in the Bible is found in the celebration of Mass.
- ___ 3. Christ would have celebrated the Last Supper in Latin.
- ___ 4. “Kyrie, eleison” and “Alleluia” are examples of the use of Latin at Mass.
- ___ 5. The Liturgy of the Word is to be celebrated in such a way as to favor meditation, and so any kind of haste such as hinders recollection is clearly to be avoided.
- ___ 6. Catholics have shortened the Lord’s Prayer that we find in Scriptures by separating out the end used by Protestants: “For the Kingdom, the power, and the glory are Yours, now and forever.”
- ___ 7. We Catholics celebrate Mass because we believe that Christ commanded us to do so.
- ___ 8. Christ is sacrificed again and again at each Holy Mass.
- ___ 9. The Mass we celebrate today is not essentially the same as the Mass celebrated by the earliest members of the Church.
- ___ 10. In case of emergencies, a Deacon is able to celebrate Holy Mass.

MISSION

- I. Morning Prayer: "Act of Faith," "Act of Hope," "Spiritual Communion"
- II. Mental Prayer During the Day (20-35 minutes)
 - A. The Rosary
 - B. Journal Meditation
 - 1. 5-10 Minutes of Scriptural or spiritual reading
 - 2. 5-10 Minutes writing to either the Father, Son, or Holy Spirit
 - 3. 5-10 Minutes recording what you believe God is saying to you
- III. Examination of Conscience and Act of Contrition
 - A. This day did I speak to our Heavenly Father, listen to Him, and obey Him as His child?
 - B. Did I unite my heart to the Sacred Heart of Jesus today by making a Spiritual Communion or receiving Him in Holy Communion?
 - C. Did I invite the Holy Spirit to direct my thoughts, strengthen my will, and keep God's grace alive in me?
 - D. Did I embrace Mary today as my Mother in the order of grace by praying with her and behaving like one of her spiritual children?