PARISH FAMILY ABLAZE PRAXIS (9-13-20)

OPENING PRAYER: THE "SIGNUM CRUCIS" AND "PATER NOSTER"

In nomine Patris et Filii et Spiritus Sancti. Amen.

Pater noster, Qui es in caelis: sanctificetur nomen Tuum; adveniat regnum Tuum; fiat voluntas Tua, sicut in caelo, et in terra, Panem nostrum cotidianum da nobis hodie; et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris; et ne nos inducas in tentationem; sed libera nos a malo. Amen.

In nomine Patris et Filii et Spiritus Sancti. Amen.

SACRED SEVEN

| _ 1. | The same Christ is now present both in Heaven and in the Blessed Sacrament. |
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| 2. | The presence of Christ in the Blessed Sacrament really only exists for those who believe |
| | in this. |
| 3. | The Blessed Sacrament is truly Christ's presence but also, in its accidental |
| | appearance, a symbol. |
| 4. | In the Eucharist, we receive Jesus only spiritually, because if we received Him in |
| | His humanity, this would be cannibalism. |
| 5. | Two Christs are present on the property of Saint Monica—one Christ present in |
| | the church tabernacle, another Christ present by exposition in the chapel. |
| 6. | We believe that the Mass celebrated by a priest is in true reality the Sacrifice of |
| | Calvary rendered sacramentally present on our altars. |
| 7. | Catholics believe that, during Mass after the consecration (transubstantiation), |
| | the properties of the bread and wine, which our senses perceive, remain |
| | unchanged. |

PRAXIS: DEVOTION TO THE SACRED HEART OF JESUS, WHO RESTORES AND TRANSFORMS, REDEEMS AND SANCTIFIES EVERY STAGE OF HUMAN LIFE

- I. The Paschal Candle:
 - A. Etching the Cross on the Candle:
 - 1. Christ yesterday and today
 - 2. the Beginning and the End
 - 3. the Alpha
 - 4. and the Omega
 - 5. All time belongs to Him
 - 6. and all the ages

- 7. To Him be glory and power
- 8. through every age and for ever. Amen.
- B. Inserting the Five Grains of Incense:
 - 1. By His holy [Head crowned with thorns]
 - 2. and glorious wounds, [Heart pierced with a lance]
 - 3. may Christ the Lord [Feet nailed to the foot of the Cross)
 - 4. guard us [Right hand nailed to the Cross]
 - 5. and protect us. Amen. [Left hand nailed to the Cross]
- C. Baptized light their own candles from the flame of the Paschal Candle:
 - 1. "The Light of Christ" ["Lumen Christi."]
 - 2. "Thanks be to God." ["Deo Gratias."]
- II. Meditation upon the Five Wounds of Christ with five Pater Nosters:
 - A. The Head Crowned with Thorns:
 - 1. Have my thoughts brought pain and anguish to Christ?
 - 2. Do I unite my thoughts—especially those that bring me anguish—to the Mind and Christ?
 - B. The Sacred Heart pierced with the lance:
 - 1. Have my sins pierced the Sacred Heart?
 - 2. Am I sorry for my sins, and do I Confess them?
 - 3. Do I allow my heart to be pierced with mercy for sinners, or do I harden my heart in malice against them?
 - C. The Feet nailed to the Cross:
 - 1. Do I flee from the Cross or join Mary at the Cross?
 - 2. Have I walked according to the narrow Way of the Cross or according to the wide way of the world?
 - D The Right Hand nailed to the Cross:
 - 1. Do I use my strength in mercy or in vengeance, in generous service or in greediness and selfishness?
 - 2. Have I reached out to those in need or to be reconciled with those with whom I have a disagreement?
 - 3. Am a pen in the Hand of Christ for him to write my story, or do I write my own story?
 - 4. Am I honest, and do I fulfill my vows, oaths, and promises?
 - E. The Left Hand nailed to the Cross:
 - 1. Do I work with both hands—doing things well to glorify God?
 - 2. Is my life balanced and moderate?
 - 3. Do I embrace the Cross in faith and hope, and embrace others in charity?

QUESTIONS

- I. Which of the Five Wounds of Christ strike me the most? Why?
- II. What feature of the Paschal Candle do I find most intriguing? Why?
- III. When Jesus Sacred Heart was pierced, what flowed from His wounded side? Why?

MISSION

- I. Morning Prayer—Include the "Signum Crucis" and "Pater Noster"
- II. Mid-Day Prayer—Particular examination of conscience with an Act of Contrition
- III. Daily Mental Prayer—Conversing with the Sacred Heart
- IV. Nightly Examination of Conscience followed by the Confiteor: Have I shown my devotion to the Sacred Heart by:
 - A. Behaving as a child of God the Father and fulfilling my responsibilities as a member of my natural family and of the Family of God?
 - B. Continuing to learn about Christ and sharing what I have learned about Him with others?
 - C. Completing my work well and with the purpose of glorifying God and becoming more holy?
 - D. Fulfilling the responsibilities of my role or vocation within my family and in the culture?
 - E. Accepting suffering and offering it through, with, and in Christ to the Father to glorify Him and drawn down blessings upon me and those around me?
 - F. Giving whatever God accepts, and accepting whatever God gives, all with an attitude of gratitude.
 - G. Making this day a good preparation for my death and my particular judgment?