

PARISH FAMILY ABLAZE PRAXIS (10-14-21)

PRAYER (Sign of the Cross/Our Father)

In Nomine Patris, et Filii, et Spiritus Sancti. Amen.

Pater Noster, Qui es in caelis:
Sanctificetur nomen Tuum:
Adveniat regnum Tuum:
Fiat voluntas Tua, sicut in caelo et in terra.
Panem nostrum quotidianum da nobis hodie:
Et dimitte nobis debita nostra,
Sicut et nos dimittimus debitoribus nostris.
Et ne nos inducas in tentationem.
Sed libera nos a malo. Amen.

In Nomine Patris, et Filii, et Spiritus Sancti. Amen.

SACRED SEVEN (Based on *The Baltimore Catechism numbers 474-489*)

- ___ 1. Praying with proper attention during Mass exclusively concerns listening “with ears to hear.”
- ___ 2. Praying well during Mass requires a positive self-concept supported by a strong sense of independence and self-confidence.
- ___ 3. Praying at Mass may be very difficult and requires perseverance.
- ___ 4. For the prayers of a priest or a parishioner at Mass to draw blessings and graces upon others, these prayers must be heard and understood by those receiving these gifts.
- ___ 5. It is selfish for a person assisting at Mass to pray for himself or herself.
- ___ 6. At the Tridentine Mass, the altar servers pray for the priest offering the Mass—that God have mercy on the priest, forgive his sins, and bring him to everlasting life.
- ___ 7. The Mass is offered not only for our own salvation but also for the salvation of the whole world.

PRAXIS: THE ROMAN RITE—HOW AND FOR WHOM WE OFFER PRAYER

- I. We should pray (*BC* number 477):
 - A. With attention
 - B. With a conviction of our own helplessness and our dependence upon God
 - C. With a great desire for the graces we beg of Him
 - D. With loving trust in His goodness
 - E. With perseverance

- II. Those for whom we pray include (*BC* number 478):
- A. Ourselves
 - B. Parents, family, and relatives (living and deceased)
 - C. Friends and enemies
 - D. Souls in Purgatory and sinners on Earth
 - E. Pope, bishops, priests, religious, laity, all the Church
 - F. Officials of our country
 - G. Indeed, all peoples in the whole world

III. Consideration of the Confiteor:

- A. Tridentine Mass (first by the priest alone, then by the altar servers):

I confess to almighty God, to the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, to all the Saints, and to you, [brothers/Father], that I have sinned exceedingly in thought, word, and deed—through my fault, through my fault, through my most grievous fault. Therefore, I beseech the blessed Mary, ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, [brothers/Father], to pray to the Lord our God for me.

- B. Novus Ordo (by priest and all assisting together):

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

QUESTIONS

- I. Rank—from easiest to most difficult—how I pray:
- A. With attention ____
 - B. With conviction of my helplessness and dependence on God ____
 - C. With a great desire for the graces I beg of Him ____
 - D. With loving trust in His goodness ____
 - E. With perseverance ____
- II. What steps should I take to intensify my prayer and to overcome obstacles to praying well?

MISSION

- I. Morning Prayer—Include the “Signum Crucis,” “Pater Noster” (perhaps chant it)
- II. Mid-Day Prayer—A particular examination of conscience with an Act of Contrition—Have I exercised the virtue of piety?
- III. Daily Mental Prayer—Conversing with Jesus
- IV. Nightly Examination of Conscience followed by the Confiteor:
Have I prayed today:
 - A. With attention?
 - B. With a conviction of my helplessness and dependence upon God?
 - C. With a great desire for the graces I beg of Him?
 - D. With loving trust in His goodness?
 - E. With perseverance?