

PARISH FAMILY ABLAZE PRAXIS (2-6-22)

PRAYER (Sign of the Cross/Our Father)

In Nomine Patris, et Filii, et Spiritus Sancti. Amen.

[CHANTED]

Pater Noster, Qui es in caelis:

Sanctificetur nomen Tuum:

Adveniat regnum Tuum:

Fiat voluntas Tua, sicut in caelo et in terra.

Panem nostrum quotidianum da nobis hodie:

Et dimitte nobis debita nostra,

Sicut et nos dimittimus debitoribus nostris.

Et ne nos inducas in tentationem.

Sed libera nos a malo. Amen.

In Nomine Patris, et Filii, et Spiritus Sancti. Amen.

SACRED SEVEN

- ___ 1. An ordained priest cannot offer a true sacrifice at Mass because that would require the repetition of Calvary's Sacrifice.
- ___ 2. All baptized Christian are to participate in offering Jesus Christ to the Father.
- ___ 3. Sacrifice is the highest form of adoration.
- ___ 4. When we say that Mary is sinless, we mean that she was free of original sin and mortal sins, but not free of venial sins, or else she could not have been saved by Christ.
- ___ 5. Holy Communion received worthily wipes away venial sins and preserves us from mortal sin in the future.
- ___ 6. The Eucharist makes present and actual the Sacrifice which Christ offered to the Father on the cross, once and for all on behalf of mankind.
- ___ 7. The Sacrifice of the Cross and the Sacrifice of the Eucharist are one and the same Sacrifice.

PRAXIS: THE ROMAN RITE—SACRIFICE

- I. The Baptized = "A Royal Priesthood, a Holy Nation":
 - A. We offer all ourselves and all we have been given through, with, and in Jesus to the Father in union with the Holy Spirit:
 - 1. Like Abel, we offer the best creature to indicate totality and perfection—we offer without reserve all that we have
 - 2. Like Abraham, Mary and John, we offer the Son:
 - a. We offer the best Gift we have received—Jesus:

“Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly Beloved Son, Our Lord Jesus Christ”
(from the Divine Mercy Chaplet given by Jesus to Saint Maria Faustina Kowalska)

- b. We offer the Head of the Body of which we are members
 - c. We offer all our most precious relationships with others made in the image of God
 - d. We offer Christ **AS HE TRULY, REALLY, AND SUBSTANTIALY IS**, not how we imagine or wish He would be
3. Like Melchizedek—we offer sacrifice mystically in simplicity, hiddenness, and humility
- B. Essential Aspect of the Sacrifice—from the heart through, with, and in the Eucharistic Sacred Heart, crucified on Calvary and risen in glory
- 1. A **CONTRITE** heart (Penitential Act): Psalm 51—“The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, Thou wilt not despise.”
 - 2. An **OBEDIENT** heart (Liturgy of the Word): The Sower of the Word—Mark 4:20—“But those that were sown on good soil are the ones who hear the word and accept it and bear fruit, thirtyfold and sixtyfold and a hundredfold.”
 - 3. A **GIVING** heart (Liturgy of the Eucharist): Ezekiel 36: 25-27—“I will sprinkle clean water upon you, and you shall be clean from all your uncleanness, and from all your idols I will cleanse you. A new heart I will give you, and a new spirit I will put within you; and I will take out of your flesh the heart of stone and give you a heart of flesh. And I will put my spirit within you and cause you to walk in my statutes and be careful to observe my ordinances.”
- II. Perpetual Sacrifice—Act of Spiritual Communion throughout the Day (when possible, each hour): “My Jesus, I believe that Thou art truly present in the Most Holy Sacrament. I love Thee above all things and desire to possess Thee in my soul. Since I cannot at this moment receive Thee sacramentally, I beg Thee to come to me at least spiritually. [Pause in acceptance.]. I embrace Thee as already there and unite myself entirely to Thee. Never permit me to be separated from Thee. Amen.”

QUESTIONS

- 1. Have you ever made an Act of Spiritual Communion? Do you believe that you could incorporate such and act into each day at least once?
- 2. In regard to your own heart, which aspect of sacrifice do you find most challenging: contrition, obedience, or giving? Explain. How can you enter into the Mass more deeply to overcome this challenge through, with, and in Christ?

MISSION

- I. Morning Prayer—Include the “Signum Crucis,” “Pater Noster” (chant it), and the “Gloria.”
- II. Mid-Day Prayer—A particular examination of conscience with an Act of Contrition—Have I exercised the virtue of piety?
- III. Daily Mental Prayer—Conversing with Jesus
- IV. Nightly Examination of Conscience followed by the Confiteor:
Have I:
 - A. Did I pray a Morning Offering wherein I offered all I am and all I have to God?
 - B. Did I offer thanksgiving to God for all the gifts and consolations I received and experienced throughout this day?
 - C. Did I offer all of my trials and tribulations, sufferings, and sorrows, to God this day?
 - D. Did I make sacrifices to God in secret today, or only in ways that others could see or acknowledge them?