

PARISH FAMILY ABLAZE: THE THIRD COMMANDMENT (10-20-24)

PRAYERS

- I. “Signum Crucis”: “In nomine Patris et Filii et Spiritus Sancti. Amen.”
- II. “Prayer to the Holy Spirit”
- III. Saints and Virtue:
 - A. Saint Thomas Aquinas
 - B. Silence

SACRED SEVEN – TRUE/FALSE

- ___ 1. Christ said in the Gospel of Mark, “Man was made for the Sabbath, and not the Sabbath for man.” F
- ___ 2. During Christ’s period in the tomb, His Divine Person continued to assume both His Soul and His Body, although they were separated from each other by death. T
- ___ 3. Jews and Christians understand and obey the Third Commandment in the same way. F
- ___ 4. According to the creation narrative in Genesis, after six days, God rested on the seventh day. T
- ___ 5. Christ came to destroy the original natural creation and the Mosaic Law, and to establish an exclusively supernatural new creation with entirely different laws.
- ___ 6. Worshiping God on Sunday is not work, since we are not supposed to work on Sunday. F
- ___ 7. A mother taking care of a sick child in the hospital would necessarily be committing a sin if she missed Mass on Sunday. F

THE THIRD COMMANDMENT

- I. Seven Days of Creation:
 - A. God creates the invisible and visible creatures in six days.
 - B. God rests on the seventh day.
 - C. The Sabbath—Worshiping the Creator and imitating the Creator:
 1. Acknowledging and adoring the Creator
 2. Thanking the Creator
 3. Petitioning the Creator
 4. Offering to the Creator (everything and ourselves)

5. Resting from work

II. Seven Sacraments of the New Creation:

A. Christ institutes the Seven Sacraments as audible and visible words and signs that effect invisible realities: Re-creation in the Order of Grace

B. Christ rests with His body in the tomb on the Sabbath, but harrows hell with His soul:

1. He fulfills the purpose of the Sabbath rest according to order of creation and the requirement of Mosaic Law both God and Man, AS He is both God and Man:

FOR

a. The rest of God as a Divine Person (7th Day of Creation)

b. The rest of Man in death, which He transforms from a curse under the law, to a blessing in God's mercy and grace ("Eternal rest grant unto him, oh souls of all the faithful

and

Lord"; "May the

departed through the mercy of

peace.") Christ rested in the tomb in His

on earth and harrowed hell with His soul, so that

our bodies could rest in tombs on earth while our souls

await in Heaven their resurrection at the end of time.

2. Christ both fulfills the Sabbath and moves us beyond the Sabbath to the Lord's Day of the New Creation of the New Covenant.

New

a. Sunday—the "8th Day" that fulfills and exceeds what was anticipated by the Old Covenant Law, under which, without grace, we were enslaved by sin and destined for death

which,
destined

b. Sunday—the "1st Day" of the New Creation in which the Seven Sacraments keep us holy until our last particular day (death) and the general Day

of Judgment

c. Sunday serves, in Christ, as both the Beginning of all time and the End of all time—each day understood mystically in the light of the Daystar

(Christ).

3. The Daystar (Christ) by His Grace:

a. Recapitulates (gathers all creation and history)

b. Restores (heals what was harmed by evil/sin)

- c. Resurrects (prepares creation for the eternal end)
- III. Third Commandment: “Remember thou keep holy the Lord’s Day” (234)
 - A. Sunday recalls:
 - 1. Resurrection of Christ
 - 2. Pentecost (Birthday of the Church)
 - B. Requirement—Worship God in a special manner on Sunday (236):
 - 1. Usually by assisting at the Holy Sacrifice of the Mass
 - 2. Refraining from all unnecessary servile work

TABLE TALK QUESTION

Does our technological age require us to reconsider what “servile labor” means, since many people labor intellectually before computers all week, while hardly exerting their bodies at all?

MISSION/BLESSING